

Body Massage

STRESS RELIEF

30 MIN: RP. 400.000

This specialized massage will Focus on your back, aiming to revitalize energy reservoir

FOOT REFLEXOLOGY 60 MIN : RP. 525.000

Specialized foot massage involves stimulating reflex points on the feet to alleviate tension and enhance overall bodily health.

FOOT REBALANCE & REFRESH 90 MIN : RP. 800.000

The Experience begins with a foot ritual, followed by a relaxing foot massage and exfoliating foot scrub and foot mask. While you enjoy the foot mask, we will also provide a gentle shoulder massage, to enhance blood circulation and revitalize your feet for a truly rejuvenating experience.

INDIAN HEAD MASSAGE 60 MIN: RP. 525.000

A treatment that concentrates on massaging acupressure points along the head, neck, and shoulders, frequently employing circular massage strokes to enhance hair and scalp health, combined with a facial massage.

SAOCA SIGNATURE MASSAGE

60 MIN: RP. 525.000

90 MIN: RP. 755.000

Employing traditional therapeutic soft tissue practices in conjunction with a fusion of Thai and Swedish techniques to enhance bodily relaxation and rejuvenation.

BALINESE TRADITIONAL MASSAGE

60 MIN : RP. 525.000

90 MIN : RP. 755.000

Traditional massage methods incorporate firm finger and palm pressure, along with the use of oils, to effectively alleviate body tension.

AROMATHERAPY MASSAGE

60 MIN: RP. 525.000

90 MIN : RP . 755.000

A specific massage technique integrates the benefits of essential oils with massage therapy to relieve pain and detoxify the body.

DEEP TISSUE MASSAGE

60 MIN: RP. 525.000

90 MIN: RP. 755.000

A deep massage technique that focuses on the layers of muscles and connective tissue. Serves to relieve chronic tension, pain, and increase body flexibility.

HOT STONE THERAPY

75 MIN: RP. 755.000

90 MIN: RP.835.000

A hot stone massage involves the strategic placement of heated stones on specific points of the body. This fusion of massage techniques with the application of hot stones enhances blood circulation and induces profound relaxation

Facial & Body Care

BODY SCRUB

45 MIN: RP. 450.000

A physical exfoliant typically consists of a mixture of salt and scrub that is used to eliminate dead skin cells, leaving your skin feeling smooth and soft.

BOREH HERBAL BALI

45 MIN: RP. 475.000

A physical exfoliant typically consists of a mixture of salt and scrub that is used to eliminate dead skin cells, leaving your skin feeling smooth and soft

SAOCA SIGNATURE FACIAL

60 MIN : RP. 545.000

Our Signature facial, a component of our signature massage, incorporates natural products to stimulate skin metabolism and revitalize the skin followed by a face massage and simple head massage.

HONEY SMOOTH FACIAL 90 MIN: RP. 845.000

Applying a unique acupressure technique to your face and using a special honey product to enhance the smoothness and freshness of your skin followed by a soothing foot massage and neck and shoulder massage.





SPA Renew Package

JOURNEY OF BLISS | 2 HOURS

SINGLE: RP. 875.000 COUPLE: RP. 1.650.000

Package inclusion:

60 min Balinese Massage

30 min Body Scrub & Yogurt Splash

30 min Flower Bath

HARMONY IN ROMANCE | 2.5 HOURS

SINGLE: RP. 975.000 COUPLE: RP. 1.750.000

Package inclusion:

60 min Balinese Massage

30 min Body Scrub

30 min Mini Facial

30 min Flower Bath

SPA Retreat Balance Energy

BLISSFULL MANTRA RETREAT PACKAGES 2.5 Hours: IDR 1.300.000 / Pax

Experience culturally authentic Balinese healing Ritual with traditional treatments and indigenous ingredients. The ritual begins at the Saoca Spa waterfall sacred water source where the Balinese therapist will prepare you for a short `Melukat` or water blessing ceremony, Yoga Stretching, footbath ritual, continue with a 60 minutes Traditional Balinese Massage and 30 minutes Body Scrub Boreh Bali that involves local ingredients such as clove, nutmeg, galangal, cinnamon, ginger, & rice flour, known to benefit blood circulation, warm the body, heal & brighten the skin, Warm Bath with kumkuman flowers mix and Enjoy our Signature Ginger Tea to Drink and inclusion with Healthy Food and Drink with Choice at Nasi Bali Restaurant.

Saoca foot ritual, 5 min Melukat Ceremony, 10 min Yoga Stretch, 60 min Bali Traditional Massage with Mantra, 30 min Balinese Boreh and 15 min Body Mask, 30 min Kumkuman bath including Light Food Vegetarian and Healthy Drink with Choice

MANDALA RETREAT PACKAGES 3 Hours - IDR 1.425.000/ Pax

Romance indulgence for a truly romantic treatment to make you feel your best, Start with Foot Ritual, Relaxing with Aromatherapy Massage, continue to smooth your skin with traditional Facial, The experience will conclude with Balinese Lulur scrub to remove dead skin cells, yogurt splash in to your body and close with a romantic flower bath and bring you to a mutual level of relaxation. Enjoy in the tub with a healthy drink our signature Ginger Tea and Healthy Food and Drink after the treatment with Choice at Nasi Bali Restaurant

Saoca foot ritual, 60 min Aromatherapy Massage, 30 min Lulur scrub & Yogurt Splash, 60 min Pure nature facial, 30 min Romantic Flower Bath including Light Food Vegetarian and Healthy Drink with Choice

In House Acivities

FLOWER OFFERING

60 MIN: RP. 285.000

"Mejaitan" is a part of Balinese life activities while we have to celebrate the ceremony. Our florist will be pleased to show you the way how to make the arrangement

BALINESE DANCE

60 MIN: RP. 365.000

Unforgettable experience where you will learn the graceful movements, intricate hand gestures, and vibrant storytelling that define Balinese dance.

WOOD CARVING

2 HOURS: RP. 625.000

Carve is a way of appreciation, an art statement engraving emotions and creativity in the form of the various objects that appear and function to use in each individual - each person. And carving art is a process of menorah, scraping, and carving wood using a chisel to make them form on wood or jewelry.

SILVER SMITH

2 HOURS: RP. 625.000

Crafting Brilliance: Silver Smithing Lessons for Aspiring Artisans. Items include Earrings, Ring and Bros

PRIVATE YOGA STRETCHER

60 MIN : RP. 700.000

A complete full body stretch covering upper and lower body muscle groups as well as the head, neck and shoulders. Our Trainer will help to stretch on the focus area to relax and wind down.

ART PAINTING

2 HOURS: RP. 625.000

Unleash Your Inner Artist with Our Inspiring Painting Lessons

EGG PAINTING

2 HOURS: RP. 625.000

Whether you're a complete novice or looking to enhance your skills, our classes are designed to nurture your artistic talents.

